

## Backpacking Gear List

### Personal gear

- Backpack
- Sleeping bag and sleeping pad
- Headlamp and flashlight (and extra batteries)
- First aid kit
- Knife or multitool
- Water bottles
- Sunscreen
- Extra socks
- Change of clothes (This can add a significant amount of weight and bulk for such a simple trip. Layers are critical. A single heavy jacket or a single sweatshirt won't cut it. Scouts probably only need a single change of base layer - socks, under garments, shirt. Save weight by re-wearing outer layers.)
- Rain gear
- Change of shoes (optional, this can add quite a bit of weight)
- Mess kit
- Toiletry items such as toothbrush, tooth paste, soap
- Small hand towel or bandana

### Patrol gear (To be divided among patrol members)

- Water purifier or purification tablets
- Backpacking stove
- Cooking gear (pots, pans, utensils, etc.)
- Tent
- Food
- Bearbag and rope
- Trail map and compass
- Cleaning supplies (scrub brush and/or sponge, soap and bleach)
- AP paper (All-purpose paper, AKA toilet paper)
- Matches and/or a lighter